

The Scribe

NEWS & NOTES FROM ST. STEPHEN'S EPISCOPAL CHURCH

199 W. BALTIMORE AVENUE
CLIFTON HEIGHTS, PA 19018
THE REV. THOMAS WAND, INTERIM RECTOR



Sundays at St. Stephen's This Summer will be a Prophet-able Enterprise

As Spring comes to a close with the end of May (at least as we think of its end, with the Memorial Day weekend marking the unofficial "Start of Summer"), our worship moves into a different season as well. We leave behind Easter Season (with the Priest exhorting you to stand all the time instead of kneeling), and enter the Season after Pentecost (what our friends in the Roman Catholic Church call part of "Ordinary Time").

During this lengthy season (lasting almost half the year—25 Sundays in a row!), we reap one of the big benefits from our present Lectionary, the list of lessons we hear Sunday by Sunday in Church. One of the major improvements this Lectionary has (and St. Stephen's has been in the forefront of adopting its use, having done so several years ago) is its treatment of the Old Testament, or Hebrew Scriptures.

The last list of lessons we used (the one found printed in the back of our Prayer Books in the pews) often treated the Old Testament reading each week as merely an appendage to the New Testament readings. The Old Testament reading was picked to "go with" either the Epistle or Gospel reading. Sometimes the connection was really hard to figure out. And, we jumped from one part of the Old Testament to another and back again as the weeks progressed. We never got any coherent picture of the sweep of the story and teaching the Old Testament gives us. We never heard some of the great stories the Old Testament contains [for example, we never read the story of David and Goliath].

Now that's changed. During this season of the Church Year, we hear Old Testament lessons in some logical order. We hear more of the great events portrayed there. We have a theme, and we can, as we worship together week by week in summer and fall, get a picture of what the Old Testament [the Bible Jesus and the disciples knew] has to teach us. Since, to be frank, what we hear in Church Sundays and have explained/ex pounded in the Sermon is most of the direct contact most of us have with the Bible each week, this is [as God said of Creation in one of the Creation stories in Genesis], "very good."

This year's Old Testament lessons during the Season after Pentecost are about the prophets. We will hear about Elijah, Elisha, Nathan, Amos, Isaiah, Jeremiah, and others. We will learn about what they had to say to the people of their day and what they have to say to us. We will learn about their lives and how people reacted when they delivered God's Words to those around them. We will learn what we are called to do as heirs to the prophets today as we look at our own lives and the society in which we live.

So, then, make sure you're here with us for a prophet-able summer's hearing of the teachings and lives of the prophets. Most Episcopal Churches will be using this lectionary, so even if you're away from us at St. Stephen's, you can catch your weekly installment of the prophets. It'll pay in your spiritual life and growth. See you both now and after Pentecost!

—Fr. Wand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>CHURCH SERVICES</u> <u>9:30 AM</u> – HOLY COMMUNION w/MUSIC <u>5:00 pm</u> – Contemporary w/ Holy Communion (EVERY SUNDAY UNLESS OTHERWISE DESIGNATED)</p>	<p><u>Craft Group</u> 10 am – 2 pm PARISH HOUSE (Every Monday unless otherwise designated)</p>					1
2 One hour Parish Meeting f/Discernment Process f/new Rector After 9:30 service	3	4	5 VESTRY MTG. 7 pm – Lounge	6	7	8
 Mothers' Day 9	10	11	12	13	14	15
16 One hour Parish Meeting f/Discernment Process f/new Rector After 9:30 service	17	18	19	20	21	22
 PENTECOST 23 BAPTISM @ 9:30 SERVICE	24	25	26	27	28	29
30	MEMORIAL 31 Day 					

HONOR THY FATHER AND THY MOTHER

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>CHURCH SERVICES</u> <u>9:30 AM</u> – HOLY COMMUNION w/MUSIC 5:00 pm – Contemporary w/ Holy Communion (EVERY SUNDAY UNLESS OTHERWISE DESIGNATED)</p>	<p><u>Craft Group</u> 10 am – 2 pm PARISH HOUSE (EVERY <u>MONDAY</u> UNLESS OTHERWISE DESIGNATED)</p>	1	2	3	4	5
6	7	8	9	10	11	12
*ECW Meeting after 9:30 Service			<p>VESTRY MTG. 7 pm – Lounge (Note change in schedule)</p>			
13	14	15	16	17	18	19
	20	21	22	23	24	25
						<p>*Summer Fest/ Flea Market 9am – 3pm</p>
27	28	29	30			

***TO RESERVE A TABLE CALL CHURCH SECRETARY (610) 622-3636**



Summer Fest Flea Market



Saturday, June 26, 2010
9am – 3pm



Homemade Baked Goods, Crafts &
White Elephant Tables Plus Light Lunch

Front Lawn of St. Stephen's Church
199 W. Baltimore Avenue
Clifton Heights, PA

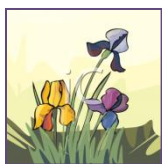


To reserve tables
Call Church Secretary @ (610)622-3636
\$10/members of St. Stephen's
\$15/non members

Episcopal Church Women (ECW)

The ECW "Diner Dinner" was a tremendous success. We made \$1,259; we gave \$1,300 to the church which included some ECW funds. We have \$75 left in the ECW fund plus approximately \$150 in the coffee fund. Every year it gets bigger and better! We seem to have a following now and they can't wait for the next dinner. In case you missed this one it was Meatloaf.

Many thanks to all who helped put this together. Every job is important and appreciated. Thanks again to all!



Coming up next is the "**Summer Fest/Flea Market**" Saturday, June 26 from 9 am to 3 pm.

We need lots of volunteers to help make this a success as I am taking a break this year while I tend to some family issues with my ill mother. The volunteer "jobs" are:

kitchen coordinator (oversee the kitchen during breakfast and lunch hours ~ approx. 8:30 a.m. - 2:00 p.m.; buy the food, etc.; arrange for cooks, cashier, servers, etc.);

vendor assignment coordinator (receive and keep a list of applications/requests for vendor spots, collect the money, assign the spots on the front lawn, be present on the day of the event to oversee and answer any questions from vendors. this also includes our church White Elephant table and bake table for which the coordinator will need to find people to man those tables);

advertising coordinator (Ginny Thompson will take care of getting this into the Daily Times and Town Talk.) We need someone to create posters/flyers and make them available for parishioners to take and post in stores, post offices, etc. in their respective neighborhoods, places of work, etc.

Those who will make themselves available to pull this event off this year should leave word with Cindy or Fr. Wand at the office. Once we have a group of volunteers together, further instructions will be forthcoming.

Bonnie Prendiville, President

Congregation Meetings

The congregation had two meetings in the Parish House after an 11 am single-service on March 21 and April 25 which were led by Fr. Ted Rice. He is helping with the discernment process. There was a light buffet lunch prior to the meeting. All participants found the meetings interesting and informative.

There will also be two one-hour meetings, led by Fr. Wand in the Parish Hall after the 9:30 service, May 2 and May 16.

Preschool

Registration for St. Stephen's Preschool, for the 2010-2011 school year, continues to climb at a steady rate. Each month, I speak to my close friend, Dr. Ron Padula, Director of Early Childhood Education at Delaware County Community College, who continually tells me of yet another preschool closing or cutting classes due to lack of enrollment. Apparently, as the need for daycare increases, preschool programs, such as ours, become a luxury. However, despite having many struggling families, St. Stephen's enrollment for next year appears to be about the same as this year – a blessing for us all! During the month of May, we will also begin registering for our summer camp program in June. Hopefully, as word gets around, this program will also continue to grow. I would also like to take this opportunity to thank all the parishioners who have saved their Acme receipts for the school. Unfortunately, the Acme will end this fundraising program for good on April 30th. We are expecting our last check soon, and I want you to know that all those receipts have helped us tremendously over the years! Thanks again,



Kathy Zappasodi, Preschool Director

Pentecost Sunday



We will have Baptism on Pentecost Sunday, May 23, and we will also honor our pre-school graduates and their families at the 9:30 am service.

Let us not forget ...



In *May* -- Our Mothers, on National **Mothers' Day May 9th**.

On **Memorial Day, May 31**, the Men and Women who gave their lives to preserve our liberty.



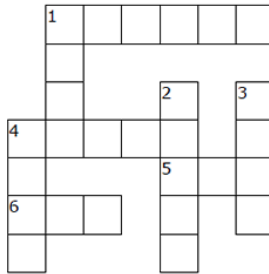
In *June* -- Our Fathers, on National **Fathers' Day June 20th**.

Something to Think About

"I personally believe that each of us was put here for a purpose – to build not to destroy; if I can make people smile, then I have served my purpose for God."
~ Red Skelton, Comedian

Lord, teach us how to keep Thy Day
And lead and bless us all the way.
Amen.

Crossword Puzzle



ACROSS

1. To get behind someone and go where they go
4. The land along the edge of an ocean, sea, lake, or river
5. A large area of salty water, smaller than an ocean
6. An openwork fabric of cords used to catch fish

DOWN

1. An animal which lives in water and is covered with scales
2. The Son of God
3. A small vehicle for travelling on water
4. To go down below the surface of the water

NET	SEA	FISH	SINK
FOLLOW	JESUS	BOAT	SHORE

When I was a child, I loved to play a card game called "Go Fish." Have any of you ever played that game? You start the game by giving each player five cards. The rest of the cards are placed in a draw pile called the "ocean" that is shared by all of the players.

The player whose turn it is asks another player for their cards of a particular kind. For example, the person whose turn it is might say, "Mary, do you have any threes?" If Mary has any threes, she must give them to the person who asked for them. If Mary doesn't have any threes, she says, "Go fish," and the person who asked draws a card from the "ocean." When you collect a set of four cards of the same kind, you show the set to the other players and place the four cards face down in front of yourself.

Go Fish continues until either someone has no cards left in their hand or the draw pile runs out. The winner is the player who then has the most sets of four.

Talking about playing the game of "Go Fish" makes me think about the day when Jesus chose his disciples.

Jesus was standing by the sea of Galilee and a large crowd of people began to gather around him. He saw some fishermen nearby who were cleaning and mending their nets so he climbed into one of the boats which belonged to a man whose name was Peter. Jesus told Peter to put the boat out a little way from the shore. Peter did as Jesus instructed him and Jesus sat in the boat teaching the people.

When he had finished teaching, Jesus said to Peter, "Put the boat further out into the deep water and let down your nets to catch some fish."

"We've been fishing all night long and haven't caught a thing, but if you say so, we will let down the nets one more time," Peter answered.

Do you know what happened? They started pulling the nets up and there were so many fish that the nets began to break. When they pulled the fish into the boat, there were so many fish that the boat began to sink. When Peter and his fellow fishermen saw this, they were afraid.

Jesus said, "Don't be afraid," Jesus said. "From now on, I want you to go fish for people."

The Bible tells us that they pulled their boats up onto the shore, left everything, and followed Jesus to "go fish" for people.

Jesus wants you and me to "go fish" for people too. If we will be faithful in telling people about Jesus and his love, we can trust Jesus to bring in the catch!

Heavenly Father, Jesus, has told us to go fish for people. We will go and tell others about Jesus, and trusting him to bring them into the boat. Amen.



MEDITERRANEAN CHICKEN

Mediterranean cuisine is one of the heart-healthiest diets in the world. It's high in fruits, vegetables, whole grains and monounsaturated fats (think olive oil), all of which helps reduce LDL (or "bad") cholesterol. It's also low in saturated fats, which is good news for your HDL (or "good") cholesterol levels. Even more, this diet celebrates love and connection: Mediterraneans often eat with friends and family, and some research shows social support may help protect against heart disease. Although this recipe is geared to heart-health, it can also be enjoyed by people who have other health issues, such as diabetes, as well. Mangia bene!

Ingredients

- 4 Boneless, skinless chicken breasts
- 1/2 tsp salt
- Pepper to taste
- 1 tsp Olive Oil
- 2 garlic cloves, minced
- 1 10 oz package baby portabella mushrooms, sliced
- 1 10 oz package frozen artichoke hearts, thawed
- 1/3 cup chopped sun-dried tomatoes
- Juice from 1/2 fresh lemon
- 2 Tbls chopped fresh thyme

Directions

1. Heat large nonstick skillet coated with cooking spray over medium heat.
2. Season chicken breasts with salt and pepper and place in skillet.
3. Saute chicken breasts on each side until cooked, about 8-10 minutes.
4. Remove chicken and cover to keep warm.
5. Add oil to skillet over medium heat and saute garlic, 3-4 minutes.
6. Add mushrooms, artichoke hearts and sun-dried tomatoes and saute for 3 to 4 minutes or until sun-dried tomatoes are tender
7. Add lemon juice and thyme; continue cooking for 3 minutes.
8. Serve chicken breasts topped with mushroom-artichoke mixture.

Makes 4 servings

NUTRITION INFORMATION PER SERVING

Calories: 194, 28 calories from fat; 3 g fat; 2 g saturated fat; 68 mg cholesterol; 386 mg sodium; 11 g carbohydrates; 4 g fiber; 31 g protein.

Spring is here and kids will soon be out of school—here are some things to help keep them busy!

Calories from fat: 14%

PLACES TO GO & THINGS TO DO

American Helicopter Museum

1220 American Blvd.
West Chester, PA
(610) 436-9600
www.helicoptermuseum.org
Open 10am-5pm, Wed-Sat
Noon-5pm, Sun
Admission Fee

Wilderness Canoe Trips

Wilmington, DE
(301) 654-2227
Family canoe, kayak and tubing trips on Brandywine River.
Hours: 10am-4:30pm, Mon-Fri
10am-5pm, weekends
Admission Fee

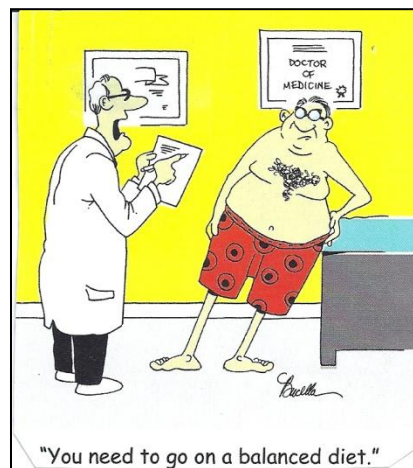
Linvilla Orchards

137W. Knowlton Rd.
Media, PA
(610) 876-7116
www.linvillaorchards.com
There's always something special going on at Linvilla. Check out their May & June calendar of events!

*This newsletter and all upcoming events can be viewed in color on our website: www.stsec.org, which is updated bi-monthly by **Bonnie Prendiville**.*

If you have comments about this newsletter, or suggestions for future editions, articles or tidbits you wish to share, call me at (610) 622-1363, or email me at angela1185@comcast.net.

~Angela Moore



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Website: www.stsec.org



Memorial Day

**We are a parish of the Episcopal Diocese of Pennsylvania.
We are a loving church family which encourages regular ministry and parish
activities beyond Sunday worship. We share our time, talent and treasure with
others in need. We will continue our work to bring God's message more fully to our
community through increased outreach and evangelism.**

